




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-833-478-5853. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at [www.stlukeshealthplan.org](http://www.stlukeshealthplan.org) or call 1-833-478-5853 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	For <a href="#">network providers</a> \$1,800 / individual or \$3,600 / family; for <a href="#">out-of-network</a> providers \$18,200 individual / \$36,400 family	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. <a href="#">Preventive care</a> ; maternity services; PCP office visits; Mental Health/Substance Abuse, bariatric surgery office visits; vision exams; Tier 2 prescription drugs; nutritional counseling; lifestyle medicine; habilitative services; emergency care; urgent care; DME and supplies, such as breast pumps, medical supplies, orthopedic appliances/braces, prosthetic devices, and wigs; diabetic (nutrition) education; and hospice and respite care services are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No.	You must pay all of the costs for these services up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for these services.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	For <a href="#">network providers</a> \$6,500 individual / \$13,000 family; for <a href="#">out-of-network</a> providers \$91,000 individual / \$182,000 family	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	<a href="#">Copayments</a> for certain services, <a href="#">premiums</a> , <a href="#">balance-billing</a> charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you</b>	Yes. See <a href="http://www.stlukeshealthplan.org">www.stlukeshealthplan.org</a> or call 1-833-478-5853 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you

Important Questions	Answers	Why This Matters:
use a <a href="#">network provider</a> ?		might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	This <a href="#">plan</a> will pay some or all of the costs to see a <a href="#">specialist</a> for covered services without a <a href="#">referral</a> before you see the <a href="#">specialist</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care <a href="#">provider's</a> office or clinic	Primary care visit to treat an injury or illness	\$0 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	60% <a href="#">coinsurance</a>	None
	<a href="#">Specialist</a> visit	\$25 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	60% <a href="#">coinsurance</a>	None
	<a href="#">Preventive care/screening/immunization</a>	\$0 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	60% <a href="#">coinsurance</a>	None
If you have a test	<a href="#">Diagnostic test</a> (x-ray, blood work)	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	None
	Imaging (CT/PET scans, MRIs)	\$150 <a href="#">copay</a>	60% <a href="#">coinsurance</a>	None
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug coverage</a> is available at <a href="#">www.stlukeshhealthplan.org</a>	Generic drugs	\$0 <a href="#">copay</a> preferred generic / \$10 <a href="#">copay</a> non-preferred generic; <a href="#">deductible</a> does not apply	\$0 <a href="#">copay</a> preferred generic / \$10 <a href="#">copay</a> non-preferred generic; <a href="#">deductible</a> does not apply	Pre-Authorization required for certain medication.
	Preferred brand drugs	40% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	Pre-Authorization required for certain medication.
	Non-preferred brand drugs	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	Pre-Authorization required for certain medication.
	<a href="#">Specialty drugs</a>	40% <a href="#">coinsurance</a>	40% <a href="#">coinsurance</a>	Pre-Authorization required for certain medication.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	None

[\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.stlukeshhealthplan.org](#)

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	None
If you need immediate medical attention	<a href="#">Emergency room care</a>	\$200 <a href="#">copay</a>	\$200 <a href="#">copay</a>	None
	<a href="#">Emergency medical transportation</a>	10% <a href="#">coinsurance</a>	10% <a href="#">coinsurance</a>	None
	<a href="#">Urgent care</a>	\$35 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	60% <a href="#">coinsurance</a>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	Pre-Authorization required.
	Physician/surgeon fees	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	None
	Inpatient services	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	Pre-Authorization is required for inpatient mental health services, including residential treatment.
If you are pregnant	Office visits	\$0 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	60% <a href="#">coinsurance</a>	None
	Childbirth/delivery professional services	\$0 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	60% <a href="#">coinsurance</a>	None
	Childbirth/delivery facility services	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	None
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	\$0 <a href="#">copay</a>	60% <a href="#">coinsurance</a>	None
	<a href="#">Rehabilitation services</a>	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	20 Visits Per Year. Pre-Authorization required for inpatient services.
	<a href="#">Habilitation services</a>	10% <a href="#">coinsurance</a> for inpatient / 10% <a href="#">coinsurance</a> for outpatient facility / \$25 <a href="#">copay</a> for outpatient professional and in office with no <a href="#">deductible</a> applying	60% <a href="#">coinsurance</a>	Pre-Authorization required for inpatient services.
	<a href="#">Skilled nursing care</a>	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	30 Days Per Year. Pre-Authorization required.

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Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<a href="#">Durable medical equipment</a>	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	None
	<a href="#">Hospice services</a>	\$0 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	60% <a href="#">coinsurance</a>	12 Months; Pre-Authorization required for inpatient hospice.
If your child needs dental or eye care	Children's eye exam	\$0 <a href="#">copay</a> ; <a href="#">deductible</a> does not apply	60% <a href="#">coinsurance</a>	1 Per Year
	Children's glasses	10% <a href="#">coinsurance</a>	60% <a href="#">coinsurance</a>	1 Pair Lenses/Frame Per Year
	Children's dental check-up	Not Covered	Not Covered	Not Covered

### Excluded Services & Other Covered Services:

#### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Temporomandibular Joint (TMJ) Disorder
- Travel Immunizations
- Vision Hardware for Adults (ages 19 and older)
- Routine Preventive Eye Exams for Adults (ages 19 and older)

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Vision Exams
- Glasses/Contacts
- Cardiovascular
- PT/OT/ST
- Chiropractor
- CT/MRI/Pet Scans
- Pathology/Other Radiology

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Your Health Idaho at [yourhealthidaho.org](http://yourhealthidaho.org). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: 1-833-478-5853.

### Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

### Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-833-478-5853.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-478-5853.

[\* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.stlukeshealthplan.org](http://www.stlukeshealthplan.org)

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-833-478-5853.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-833-478-5853.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$1,800
- [Specialist \[cost sharing\]](#) \$25
- Hospital (facility) [\[cost sharing\]](#) 10%
- Other [\[cost sharing\]](#) 10%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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In this example, Peg would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$1,800
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$800
What isn't covered	
Limits or exclusions	\$0
<b>The total Peg would pay is</b>	<b>\$2,600</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$1,800
- [Specialist \[cost sharing\]](#) \$25
- Hospital (facility) [\[cost sharing\]](#) 10%
- Other [\[cost sharing\]](#) 10%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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In this example, Joe would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$1,800
<a href="#">Copayments</a>	\$70
<a href="#">Coinsurance</a>	\$800
What isn't covered	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$2,670</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$1,800
- [Specialist \[cost sharing\]](#) \$25
- Hospital (facility) [\[cost sharing\]](#) 10%
- Other [\[cost sharing\]](#) 10%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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In this example, Mia would pay:

Cost Sharing	
<a href="#">Deductibles</a>	\$1,800
<a href="#">Copayments</a>	\$300
<a href="#">Coinsurance</a>	\$20
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$2,120</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.