

Your mental health is at the top of our priority list.

St. Luke's Health Plan is proud to offer \$0* professional mental health outpatient office visits, because your mental well-being is as important as your physical health. We know that seeking help for mental health concerns can be daunting, which is why we're committed to providing accessible and affordable care to all our members.

Really, \$0 benefits? Really.

We've made it easy to access mental health services for no additional cost. Our \$0* professional mental health benefits cover a wide range of outpatient services, including:

- Psychiatric consultations
- Mental health assessments
- Counseling and therapy sessions, in office or virtually

Great care, less stress.

Everyone deserves access to quality mental health care without financial barriers. That's why we've eliminated copays for a variety of professional mental health services. With St. Luke's Health Plan, you can prioritize your mental well-being without worrying about the cost.

Compassionate care, right at your fingertips.

Our network of compassionate professionals is here to support you on your mental health journey. Whether you're dealing with stress, anxiety, depression or other mental health challenges, our team is dedicated to helping you live your best life.

Need help finding a clinic or practitioner? Scan the QR code or go to stlukeshealthplan.org/find-a-doctor to search for in-network professionals.



For more information, visit stlukeshealthplan.org.

Please call customer service at **833-840-3600** Monday-Friday, 8 a.m.-5 p.m. (MT), to verify benefits and coverage before proceeding with services.

**After deductible for high-deductible health plans.*